

Student Identity Wheel Activity

myPATH



Student Equity and Achievement Program
Counseling and Student Success
Guided Pathways

THIS

IS WHO

I AM



Student Equity and Achievement Program

WHO AM I?

Introduction: The Identity Wheel¹

This activity is to be completed at home. It is meant to have you critically reflect on your identity and explore the ways others may perceive your identity. The assignment specifically asks you to consider this within the context of the social norms at El Camino College. However, you are encouraged to explore the context of this activity beyond the boundaries of this institution. It grants you the opportunity to specifically note identities that make up who you are and experiences you may have had on campus and in your community.

Take a moment to complete the wheel by ascribing a specific to each of the categories below. In the inner circle, record the identities that are the most important or salient to you. In the outer circle, record the identities that are less important or salient to you and in the inner circle record those that are the most important to you. You may leave blank the ones that do not apply to you. When you finish transfer your information to the online anonymous form. A link will be provided to you.

Read the following definitions before you begin to assist you with the Identity Wheel:

Abilities/Skills: Tasks that you naturally do well, talents and strengths.

Agent/ Target: “*Agents* are members of dominant social groups privileged by birth or acquisition who have advantage over members of the target groups through societal/cultural “norms” and institutional biases. *Targets* are members of social identity groups who are discriminated against, marginalized, disenfranchised by societal/cultural “norms” and institutional biases.”

Books, Films, Music: “Genres or specific works one enjoys listening, reading and viewing.”

¹ Adapted from the American Association of University Women, *Diversion and Inclusion Toolkit* and *Diversity Toolkit: A Guide to Discussing Identity, Power and Privilege* - USC.

Communication: “The method in which one interacts with others on a daily basis. This can include spoken language(s) (English/Spanish), sign language and/or other methods.”

Ethnicity/Race: “*Ethnicity* is an individual's awareness of membership in a distinct group and of commitment to the group's cultural values. *Race* is classification of human beings into different categories on the basis of their biological characteristics.”

Gender Identity: “One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.”

Hobbies: “Activities one enjoys doing on their free time. “

Identity: “The set of traits and characteristics, social relations, roles and group membership that define who one is. An individual's identity impacts how one perceives and mediates the world. These identities can be self –claimed or ascribed. “

Learning Differences: “The spectrum of individuals who learn differently.”

Religion Spirituality: “*Religion* is the belief in and worship of a god or gods, or any such system of belief and worship. *Spirituality* is individual and group efforts to find meaning for existence within or independent of organized religion.”

Socioeconomic Status: “It encompasses income, educational attainment, financial security, and subjective perceptions of social status and social class.”

Stereotype Threat: “It describes a situation in which a negative stereotype about a persons' group is made and the adverse impact it can have on that individual.”

Values: “The beliefs about what is important to a person guide individuals on how they conduct their lives and their choices.”

Identity Wheel

